

## **Privacy Statement** (still a work in process)

Hester Ligtoet and Personal Energy Management are the names for all of the diverse activities and services that I offer and practice. **My websites are [www.hesterligtoet.com](http://www.hesterligtoet.com) <https://personalenergymanagement.business.site>**

I am registered in the trade register Kamer Van Koophandel as Hester Ligtoet Pianist and Spiritual Life Coach, Pianist and Yogadocent.

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I am aware that you have confidence in me and I see it as my responsibility to protect your privacy: the information you provide me is strictly confidential and therefore will not be shared with others without your approval.

Your personal data that I might save are your name, email, home address, phone number, date of birth and what services I offer you have interests for. This information is saved in my contacts and if you receive my newsletter in MailChimp. If you receive my newsletter you can unsubscribe or update your data any time.

I might sometimes save for the duration of the treatment, maximum one year after treatment, the contents of emails or other messages so later on I can recall what has been discussed to give you the best guidance and service.

With your consent I save your reviews.

You have the right to contact me to inquire how your personal data is saved and have an insight.

If you have any complaints about how I treat your privacy and process your data please contact me.

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